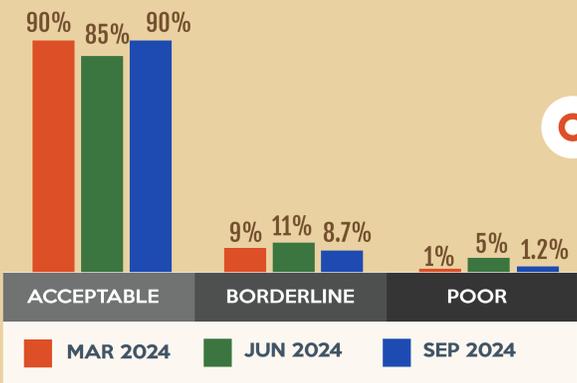


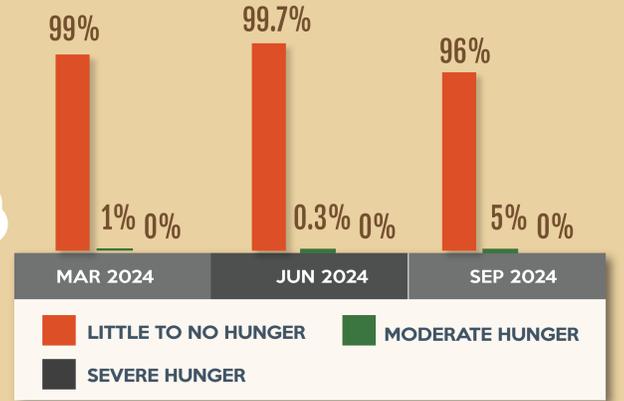
တၢ်အိၣ်အိၣ်ကူကူလၢလၢတၢ်နီၤလီၤဝဲ
လီၤခဲအတၢ်လီၤဃုထံၣ်သ့ၣ်ညါ

Quarter 3

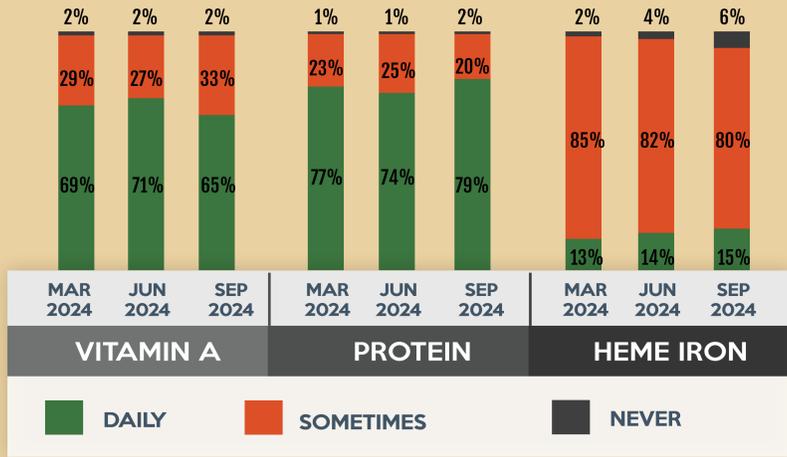
တၢ်အိၣ်ဘၣ်တၢ်အိၣ်အမး —
တၢ်ပံာ်ထံၣ်နီၤဖးတၢ်အိၣ်န့ၢ်ဂံၢ်န့ၢ်ဘါအကံၢ်
အစီ (FCS-N)



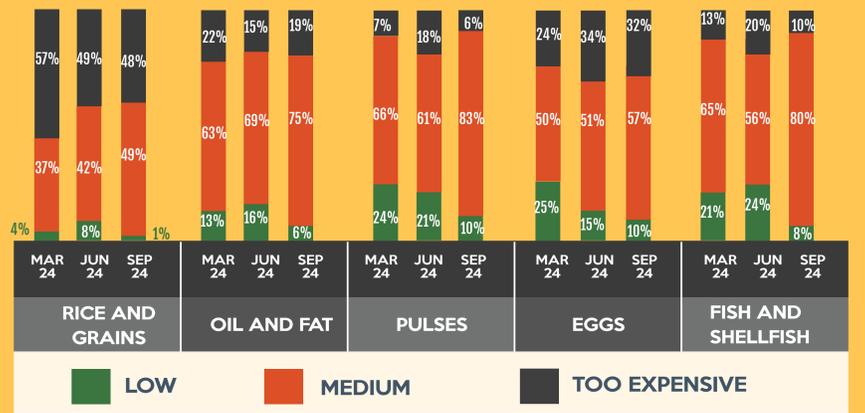
တံၢ်ဖိဃီဖိတၢ်သ့ၣ်ဝဲလီၤဒိအပတီၢ်



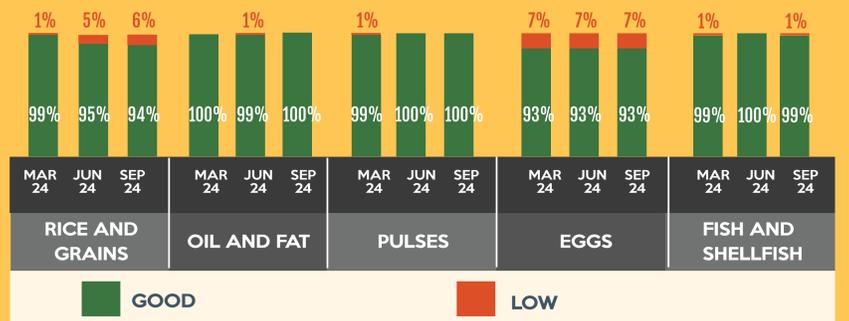
FCS-N — တၢ်ထီၣ်သတြီၤတၢ်အိၣ်ဘၣ်
Vitamin A, ဖြိၣ်ထံၣ်နီၤဒီး Heme Iron-Rich



တၢ်ဟ့ၣ်ဒိဆၢက့ၤတၢ်ထံၣ်ဘၣ်ဃး
တၢ်အိၣ်လၢကျးပူၤအပူၤတဖၣ်

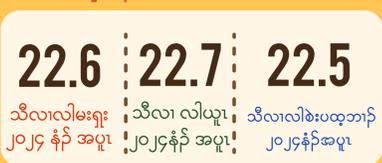


တၢ်ဟ့ၣ်ဒိဆၢက့ၤတၢ်ထံၣ်ဘၣ်ဃးတၢ်အိၣ်အကံၢ်အစီ



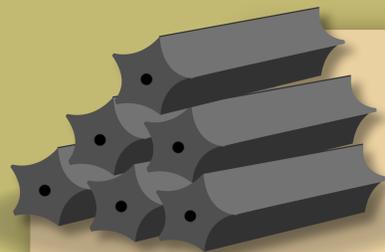
တၢ်လၢာ်ဘျီလၢာ်စ့ၤအီၣ်အတၢ်
ထီၣ်ဃု —

ဟ်ဖျါထီၣ်တၢ်အိၣ်ကးအလုာ်
အပူၤန့ၢ်ယံာ်ဝဲ အဆၢကတီၢ်—



ပုၤစံးဆၢတၢ်ဖိလၢအသ့ၣ်ညါလၢ
ကဘၣ်ပတံထီၣ်တၢ်ဘၣ်ဃးတၢ်
အိၣ်ကးအကျိၤအကျဲ —

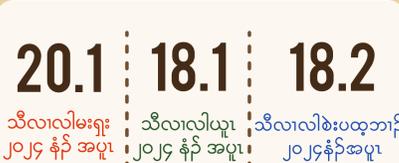
တံၢ်ဖိဃီဖိအဒုၣ်လၢတီၣ်ဖျါထီၣ်အ
တၢ်အိၣ်မုာ်အိၣ်ပၤဒီးတၢ်ကဟုက
ယာ်ဒိသဒါအီၤ



တၢ်စူးကါမၢ်အူဆၣ်သ့တုၤလီၤတီၢ်
လီၤ —



တၢ်ဟ့ၣ်လီၤသ့ၣ်လးလၢတၢ်သူ
အီၤအဆၢကတီၢ်န့ၢ်ယံာ်ဝဲ —



တံၢ်ဖိဃီဖိပူၤအီၣ်သ့ၣ်လး —

